"75th Azadi ka Amrut Mahotsav"

#### "Cow Based Natural Farming Practice"

Academic Year 2021-22

15/2/2022

Government Arts & Commerce College Kachhal, Kachhal Village, Dungari Village and Karcheliya Village have jointly organizes One Day Seminar on "Cow Based Natural Farming Practice" on February 14, 2022. In pursuance of the notification issued by the ministry of education and ministry of Information and Broadcasting dated 5th march & 24th March, Government of Arts & Commerce College Kachhal is celebrating 75 years of India's Independence in collaboration with Dungari village, Karcheliya Village and Kachhal Village. The latter is an imitative of the Government of India to celebrate and commemorate 75 years of freedom of progressive India and glory history of its people, culture and achievements.

#### Purpose behind organizing this seminar:

- · To reach out maximum beneficiaries who can do natural farming.
- To save Environment by using natural method of farming.
- . To reduce land Pollution by using natural Method of farming.

#### Target Audience:

Students:

120 People

Villagers from Dungari, Karcheliya and Kachhal:

40 People

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#### Feedbacks from Beneficiaries (students, Faculties and Villagers):

to all the analysis of which

Benefits of this seminar:

- 1) Reduces land Pollution...
- 2) Improves quality of Crop...
- 3) Comparatively it will consume cost of farming...

13 Improves health of consumers...

## Plan of the Seminar

Sr. No.	Detail	Time
1	High Tea	09:00 AM
2	Inauguration Speech	10:10 PM
3	Deep Lightening	10:30 PM
4	Principal Speech	10:35 PM
5	Flowerily Welcome of Resource Person	11:00 PM
6	Welcoming of Sarpanch and other guest of various villages	11:15 PM
7	Introduction of Resource Person	11:20 PM
8	Resource Person Speech Delivery	11:30 PM
9	Vote of Thanks	01:30 PM
10	Lunch	01:40 PM

## Some Pictures of the Seminar



#### **Guest Name:**

T Mama	In Seminar	Occupation
Mr. Sanjay Naik	Resource Person	Farmer & Entrepreneur of Fruit Processing Business
D. Chailech B Dungrani	Resource Person	Medical Officer
		Medical Officer
		Medical Officer
	The state of the s	Sarpanch, Karcheliya
Mr. Keyur Fater	AND DESCRIPTION OF THE PARTY OF	Sarpanch, Dungari
Mrs. Manisha Chaudhari	The state of the s	Sarpanch, Kachhal
	Mr. Sanjay Naik  Dr. Shailesh B Dungrani Dr. Dilip K Italiya Dr. Archana Italiya Mr. Keyur Patel Mrs. Manisha Chaudhari Mrs. Kalpana Chaudhari	Mr. Sanjay Naik  Dr. Shailesh B Dungrani  Dr. Dilip K Italiya  Dr. Archana Italiya  Mr. Keyur Patel  Mrs. Manisha Chaudhari  Resource Person  Resource Person  Guest  Guest

## Valedictory Session:

On February 14, 2022, Team of this Seminar Mrs. Vishakha Modi, Dr. Dhvani Desai, Dr. Gunjan Shah have successfully ended followed by vote of thanks. Around 160 participants have taken benefits in this seminar. All guest, Villagers and Teaching Staff have taken lunch at the end of the seminar and by soliciting the National Anthem, we dispersed.



સરકારી વિનયન અને વાણિજ્ય કોલેજ કાછલ, તા- મહુવા, જી- સુરત

સરકારી વિનયન અને વાણિજ્ય કોલેજ કાછલ, કાછલ ગામ, કુંગરી ગામ અને કરયેલીયા ગામ સંયોજિત ૭૫મો આઝાદી અમૃત મહોત્સવ અંતર્ગત એક સેમિનારનું આયોજન કરેલ છે.

## <u>એ ૭૫મો આઝાદી અમૃત મહોત્સવ એ .</u>

"પર્યાવરણ, સ્વચ્છતાં, જળ સરક્ષણ તેમજ જળસંચય" "ગૌ સંવર્ધન આધારિત પ્રાકૃતિક ખેતી"

તારીખ: ૧૪/૦૨/૨૦૨૨

સમય : 10:30 AM થી 1:30 PM

નિમંત્રક



સરપંચશ્રી ડુંગરી ગામ

સરપંચશ્રી કરચેલીયા ગામ આયાર્યશ્રી સરકારી વિનયન અને વાહ્તિજય કોવેજ કાછવ

## <u>હાજરી પત્રક</u>

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Kachhal, Ta.Mahuva,
Dist.Surat

"75th Azadi ka Amrut Mahotsav"

#### "Vaccination Programme" Academic Year 2021-22

07/01/2022

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Brief: Under the aegis of Covid Awareness Prakalp of Azadi Ka Amrit Mahotsav, a vaccination camp was held in the premises of GACC KAchhal for students on January 07, 2022, as joint initiative between of the college and Bartad Sub-center. 16 students were vaccinated, encouraged by Smt. Sejalben Chaudhary, Sarpanch of Bartad. The programme was assisted by Prof. Pravin Chaudhar of GACC Kachhal.

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#### Purpose behind organizing this seminar:

- To spread awareness on Covid and vaccines
- · To stop spread of misinformation and rumours
- · To facilitate students to get vaccines on time

#### Target Audience:

Students: 16 Villagers: 25

#### Feedback from Beneficiaries (students, Faculty and Villagers);

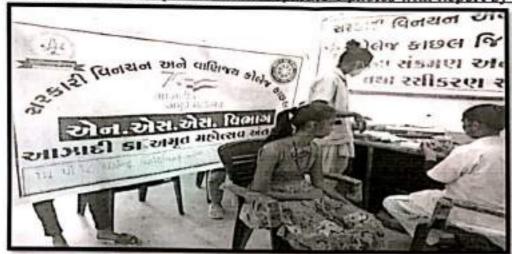
#### Benefits of this Programme:

- To spread awareness on Covid and vaccines
- To stop spread of misinformation and rumours
- · To facilitate students to get vaccines on time

#### Plan of the Programme:

Sr. Details	Time
Vaccination Programme	10 am
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"75th Azadi ka Amrut Mahotsav"

#### "Fit India Programme - Kachhal" Academic Year 2021-22

09/01/2022

Brief: Under the aegis of Azadi ka Amrit Mahotsav, Government Arts & Commerce College organized a sports event as part of the Fit India Initiative on January 09, 2022 at Kachhal village. The residents of the village participated in various activities such as 100 mts, 200mts and 400 mts race, long jump and Volleyball. The participation was in huge numbers and very enthusiastic. The college authorities ensured that the residents were made aware of the benefits and necessity of mental and physical fitness.

## Purpose behind organizing this seminar:

- To spread awareness about the importance of fitness
- To provide opportunities for fitness
- To promote fitness and health

#### Target Audience:

Students: 07

Villagers from Kachhal: 50

## Feedback from Beneficiaries (students, Faculty and Villagers):

Benefits of this Programme:

1) Rural areas become more aware of the importance of fitness

2) Physical and mental health issues stemming from lack of fitness can be curbed

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3) Local opportunities for fitness can be identified and adapted an adapted and adapted adapted and adapted and adapted and adapted and adapted and adapted and adapted adapted and adapted adapted adapted and adapted adapted adapted adapted and adapted ad

4) Residents and students undertake fitness activities in their daily lives and their The facilities in the second

#### Plan of the Programme

		transfer of the state of	The state of
r. lo.	Details	Trans.	Time
	100 mts race	The state of the s	
	200 mts race	the state of the state	10:00
Т	400 mts race	15. 45.	10:30
	Long Jump	10	11:00
o.	Volleyball		11:30
1	E Pincy ban		13:00



#### **Guest Name:**

Sr. No.	Name	Occupation
1 ollege	Smt. Kalpanaben Chaudhary	
2	Shri Narenbhai Chaudhary	Former Sarpanch

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"75th Azadi ka Amrut Mahotsay"

#### "Yoga Workshop - Fit India" Academic Year 2021-22

04/01/2022

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Brief: On 04/01/2022, a Yoga workshop was conducted at GACC Kachhal by NSS dept., in which 143 participated, under the aegis of Fit India Prakalp initiative of Azadi Ka Amrit Mahotsav. Dr. Priti from District Ayurvedic Hospital, Bardoli, and Shri Sunilbhai, a Yoga teacher from Bhagwanpura, had come to guide the participants through the workshop. The workshop gave theoretical training and practical sessions on various Asanas, such as Ardh-Chakrasan, Taadasan, Bhujangasan, PAdmasan, Anulom Vilom, Bhramari, Kapalbhati, Bhastrika, etc., as well as made the students aware of various immunity-boosting methods that are useful during Covid-19. The participants as well as staff were given herbal decoctions to drink. The programme was conducted with great enthusiasm while maintaining Covid Protocols.

#### Purpose behind organizing this seminar:

- To raise awareness about the benefits of Yoga
- To introduce basic asanas to students
- To increase students' awareness about fitness and health through yoga
- To show correct posture before trying at home

#### Target Audience:

Students: 43 Villagers: 100

#### Feedback from Beneficiaries (students, Faculty and Villagers): A Admin Market of the

Benefits of this Programme:

Information was given about benefits of yoga and risks of incorrect posture

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- Students were made aware of basic asanas
- 3) Information on how and when and why to do yoga

#### Plan of the Programme

Sr. No.	Details	Time
1	Theoretical session on benefits of yoga	9:30 AM
2	Instructions and demo	10 AM
Be	Workshop	10:15 AM

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Sr. No.	Guest Name	Occupation	
1	Dr. Priti	District Ayurvedic Hospital, Bardoli	
2	Shri Sunilbhai	Yoga teacher from Bhagwanpura	



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Dist.Surat

"75th Azadi ka Amrut Mahotsav"

#### "Positive Life Style Programme" Academic Year 2021-22

20/01/2022 (Thursday)

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Brief: The Positive Lifestyle Program was organized by the department with the joint effort of Nehru Youth on January 20, 2022 for girl students of Govt. Arts & Commerce College, Kachhal at the college, under the aegis of Azadi Ka Amrit Mahotsav. A total of 60 students had actively participated in the same. Dr. Padma Tadvi and Shri Urvik Patel facilitated the workshop as part of NSS with great enthusiasm. They were given information about what kind of leader they should be, how to solve the problem of youth, what to do to increase the immunity of the body, yoga, etc. and also gave certificates to the students.

#### Purpose behind organizing this seminar:

- To spread awareness about the issues regarding female foeticide and dowry
- To provide defense support to deal with issues
- To empower women to defend themselves against female foeticide and dowry

#### Target Audience:

Students: 60 Girls

## Feedback from Beneficiaries (students, Faculty and Villagers): Transce Cobegs, Raddon

Benefits of this Programme:

- Participants learned the importance of self defense, in both physical and moral aspects.
- Rampant Issues like female foeticide and dowry were highlighted, and participants were urged not to be victims and/or party to the same, and were given guidelines on how to tackle such situations.
- Participants were provided with information on resources for external help to deal with these issues.
- Importance of good health and immunity as parts of a holistic, positive and
  off confident lifestyle were highlighted, with a brief session on reliable resources to
  archieve the same.

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## **GOVERNMENT ARTS & COMMERCE COLLEGE, KACHHAL**

## REPORT ON FIT INDIA INITIATIVE (SURYA NAMASKAR PROGRAM) UNDER THE AEGIS OF AZADI KA AMRIT MAHOTSAV

A.Y. 2021-22

05/02/2022

On February 4, 2022, a Surya Namaskar session was conducted in the premises of Govt. Arts & Commerce College, Kachhal, to commemorate the 75 Crores Surya Namaskar Agenda under the Fit India Initiative as part of Azadi ka Amrit Mahotsav. The session commenced at 9 AM and was attended by and participated in by the staff and students of the college with full covid protocols and social distancing being maintained. Over 20 students had participated in the session and they were given an insightful, informative and useful theoretical session as well on the importance of Yoga, especially Surya Namaskars, and the correct way of doing it.

Purpose behind organizing this seminar: The 75 Crores Surya Namaskar Agenda

Target Audience:

Students: 20 Faculties: 15







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"75th Azadi ka Amrut Mahotsav"

"Activity on Environment, Cleanliness, Water Conservation and Protection"

Academic Year 2021-22

14/01/2022

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**Brief:** Under the aegis of Azadi ka Amrit Mahotsav, Government Arts & Commerce College organized a school activity in Bilakhadi village as part of the Environment, Cleanliness, Water Conservation and Protection Initiative From January 11-13, 2022 at GACC Kachhal, as part of a joint initiative of GACC KAchhal and the Gram Panchayats of Bilakhadi village. The students of High School Bilakhadi participated enthusiastically.

#### Purpose behind organizing this activity:

- To enhance students' creativity with social initiatives
- To help spread awareness and interest of school students in global issues
- To contribute to students' all-round development while raising awareness

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#### Target Audience:

Students: 44

# Feedback from Beneficiaries (students, Faculty and Villagers):

Benefits of this Programme:

- 1) To raise awareness on global issues of water
- 2) To develop students' interest and scope of discussion and reflection

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To present social issues in a creative and persuasive way

#### Plan of the Programme

Sr.	Details (12.5) (1.5) (1.5)	Date	HE TOTAL GO
No.	The Committee	11/01/2022	
1	Drawing Competition	12/01/2022	
2 Co	Essay Competition	13/01/2022	

